

PE Overview-Hindlip C E First School

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R	Fundamentals: Unit 1 Write Dance	Introduction to PE: Unit 1 Gymnastics: Unit 1	Gymnastics: Unit 2 Ball skills: Unit 1	Dance: Unit 1 Games: Unit 1	Ball skills: Unit 2 Fundamentals: Unit 2	Dance: Unit 2 Games: Unit 2
Yr1	Team building Fundamentals	Fitness Yoga	Ball skills Dance	Sending and receiving Gymnastics	Invasion Athletics	Striking and fielding Target games
Yr2/3 A	Dance Team building	Net and ball Fundamentals	Ball skills Yoga	Gymnastics Tennis	Target games Athletics	Indian Dance Rounders
Yr2/3 B	Team building Fundamentals	Net and wall Yoga	Ball skills Dance	Invasion Gymnastics	Athletics Target games	Striking and fielding Dance
Yr3/4 A	Netball Dance	Tag rugby Yoga	Dance Swimming	Tennis Swimming	Athletics Fitness	Rounders Gymnastics
Yr3/4 B	OAA Fundamentals	Dodgeball Hockey	Cricket Swimming	Ball skills Swimming	Athletics Yoga	Rounders Gymnastics